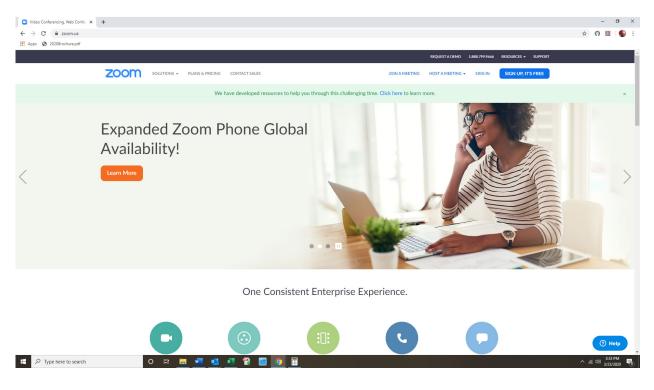
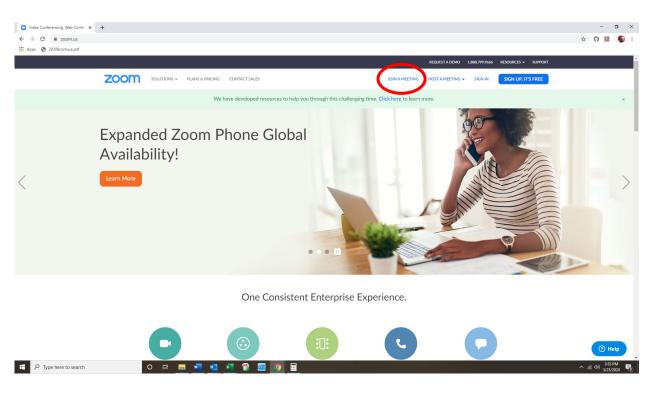


## Zoom PC Participant Walkthrough

## 1) Go to Zoom.us (<u>https://www.zoom.us/</u>)



## 2) Click on JOIN A MEETING





3) Enter MEETING ID which you would receive after registering for the specific class on <u>www.CorporateFitnessPrograms.com</u> via the automated email confirmation

Join a Meeting - Zoom × +							-	- 0	×
← → C 🔒 zoom.us/join							☆ 0	<u></u>	<b>(</b> ) :
III Apps 🕝 2020Brochure.pdf									
					REQUEST A DEMO 1.888.799.96	66 RESOURCES - SUPPORT			Î
zoom	SOLUTIONS ¥ PLANS & PRICING	CONTACT SALES		JOIN A MEETIN	NG HOST A MEETING 👻 SIGN IN	SIGN UP, IT'S FREE			
			Join a Meetir	ng					
									- 1
		Me	eting ID or Personal Li	nk Name					- 1
									- 1
									- 1
									- 1
		niot	a meeting from an H.323/SIP ro	oom system					- 1
									- 1
	About Do	ownload	Sales	Support	Language				
	Zoom Blog Mi Customers Zo	eetings Client om Rooms Client	1.888.799.9666 Contact Sales	Test Zoom Account	English 🕶				
	Our Team Br Why Zoom Ou	owser Extension utlook Plug-in	Plans & Pricing Request a Demo	Support Center Live Training	Currency				
	Careers IP:	nc Plug-lin hone/iPad App idroid App	Webinars and Events	Feedback Contact Us Accessibility	US Dollars \$ -				
	Partners Investors								
	Press Media Kit How to Videos				🕸 in У 🖻 f				
	Copyright @2020 Zoom Video Communic	ations, Inc. All rights reserved. Privacy	& Legal Policies   About Ads   Do Not !	Sell My Personal Information					
								3-25 044	-
E 🔎 Type here to search	) 🗄 🥫 🚾 💁	🗶 🔁 🔤 🧕						3/23/2020	, 🖏

4) FYI here is the automated email reminder with the link you would receive after registering at <u>www.CorporateFitnessPrograms.com</u>. You can reach the class by just clicking the JOIN ZOOM MEETING URL. Please set up your calendar reminder on your personal device with these details for easier access in the future!

	Meeting Help Q Tell me what you want to do	Monday Yoga at 1200pm - Meeting	
Delete	No Response Respond Required Colendar Calendar Calendar Calendar Calendar Calendar Calendar Calendar	Move: Writk Categorize Follow Urread - Up - Tothe Distance - Read About - Distance -	
	Tue 3/24/2020 10:37 AM		
S	Stephen   Strive Well-Being <stephen@strive2bfit.co Monday Yoga at 12:00pm</stephen@strive2bfit.co 	om>	
Required	Stephen   Strive Well-Being		
	e meeting organizer, you do not need to respond to the meeting. Tuesday, March 24, 2020 11:00 AM-12:00 PM Location https://zoom.us/j/204450554		
	a		
11.***	Monday Yoga at 12:00pm https://zoom.us/g/20450554		
12 <sup>PM</sup>			
	//200m.us///204450554		
One ta +1669 +1346 Dial b +: +: +: +: +: +: +: +: +:	1/2000/02/10/2009/02/02 aprobile 0000832, 204405544/03 (Sn Jose) 20409752, 204405544/03 (Sn Jose) 2040/201752, 204405544/03 (Sn Jose) 2040/20175, 2042/04 2022/20175, 2042/04 2022/20175, 2042/04 2022/2015 2010/20175, 2012/05 2010/20175, 2012/05 2010/20175, 2012/05		



## 5) OPEN ZOOM when prompted

Launch Meeting - Zoom x +		- ø ×
← → C ■ zoom.us/j/363490591?status=success		x) 🙃 💹   🌍 🗄
Apps 🚱 2020Brochure.pdf	Open Zoom?	
zoom	https://www.zcom.us wants to open this application.	Support English +
	Open Zoom Cancel	
	Launching	
	Please click Open Zoom Meetings if you see the system dia	log.
	If nothing prompts from browser, click here to launch the meeting, or download	& run Zoom.
	Copyright @2020 Zoom Video Communications, Inc. All rights reserved.	
	Privacy & Legal Policies	
🕂 🔎 Type here to search 🛛 O 🖽 📻 🗴	💷 💶 😰 🔤 🧿 🖩	^ /iǎ (10) 336 PM 🖏

6) You will join the meeting once the host starts!

Launch Meeting - Zoom x      Launch Meeting - Zoom x +					- ø ×
$\leftrightarrow \rightarrow {\bf C}$	Rpdz098/status=success				🖈 🙃 💹 i 🚯 E
Apps 🔮 2020Brochure.pdf					
zoom				Support English +	
		Launching			
		- ×			
		Please wait for the host to start this meeting.			
		Start: 11:30 AM			
	Pleas	Strive Well-Being 1's Zoom Meeting	ialog.		
	If nothing pror		d & run Zoom.		
	in nothing prof	Test Computer Audio	u & run 200m.		
		If you are the host, please <u>login</u> to start this meeting.			
		Copyright #2020 Zoom Video Communications, Inc. All rights reserved.			
		Copyright IC2020 Zoom Video Communications, Inc. All rights reserved. Privacy & Legal Policies			
					Ø Help
📲 🔎 Type here to search 🛛 O 🗮 🚍	📲 🤹 🐔 📸	· 🔤 🧿 🖩 😑			^ (% 40) 3:37 PM 3/23/2020 ₹